

## Spiritual Life & Awakening Rules by Dr. Esatu Spiritual Journey Rules Respect your

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Location Northern Cape, Daniëlskuil https://www.freeadsz.co.za/x-331411-z

Spiritual Life & Awakening Rules by Dr. Esatu Spiritual Journey Rules

Respect your ancestors and walk in truth.

Be patient and disciplined—spiritual growth takes time.

Keep balance in body, mind, and spirit.

Heal yourself before helping others.

Serve humanity with love and faith.





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