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Light the candle and hold your lover's photo or name close to your heart.

Chant with intention:

"By the spirits of love and unity,

Let our hearts reunite in harmony.

Bring back [Name], with love so true—

As I speak, so shall it come through."

Visualize your reunion vividly, focusing on forgiveness, warmth, and mutual love.

Let the candle burn safely, then bury the petals under a tree or near your home for grounding energy.

"Love is energy. And through the power of ancestral guidance, that energy can be rekindled."

— Dr. Esatu