

Transgender Voice "Feminization" Development Course - Learn how to sound like a woman

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Your gateway to all forms of communication!

Location **Western Cape, Cape Town**
<https://www.freedasz.co.za/x-235698-z>

Nothing gives you away faster than a voice that doesn't match your appearance. It's not about "how to talk or the way you speak like a woman", but rather "the way to sound female".

Your voice is a muscle that can be controlled: In a female's voice the voice boxes vocal flaps are thinner and tighter, hence, the voice resonates at a higher pitch naturally. In the male voice box the vocal flaps are longer and thicker and resonate at a deeper pitch in the male voice range. With the course I have devised I can teach you how to lift the voice box at your control up to that higher position temporarily, so that, the vocal flaps thin out and tighten temporarily to resonate at a higher pitch naturally when you speak. This will then be your female voice range.

What is covered in the course:

- **PITCH:** Raise the position of the laryngeal cartilage by changing your male base note to female.
- **POSTURE:** Men have larger lungs and can speak longer without taking a breath. Women have less breath capacity and tend to take more breathes when speaking.
- **BODY LANGUAGE:** Body Language is the way you move while you talk. In fact, it has an actual impact of how the voice itself will sound. By using the proper Body English while you speak, you can improve the femininity of your voice - even on the phone!
- **RESONANCE:** Is the amplification of your sound, now softer, but placed forward and out.
- **PHRASING/MODULATION:** Men tend to speak in a flat-footed, monotone way, not varying their tone much and saying as much as they can in one breath. Women modulate, or vary their tone, more.

• **DYNAMIC RANGE:** describes the difference between the highest highs and the lowest lows that a person can use while speaking. Men use a wide dynamic range, while women use a narrow dynamic range. The male voice has a "single note" effect. Men use a different technique to emphasize a word, they get louder, softer, and lower range. So, in conversation, a man will "blow" some words and "pull back" other words in a way that makes their point. In contrast, women use a soft, and low tone while keeping roughly the same amplitude or loudness. **EXAMPLE:** When men in business get together, it is a competition. When women in business get together, it is a conversation. And this difference in approach and status is reflected in the higher or lower tonal range that a woman adopts depending upon the gender of the other party.

• **MODULATION:** The way you sound and shape that you pronounce your words. Men tend toward denotation rather than connotation. When they speak they hit the edges of words like square waves, cutting each one like they were chopping carrots. In contrast, women are more connotation oriented. Women are



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as concerned with the meaning of a word so much as its context, and that context is expressed in a more flowing, graceful manner. Women will round the edges of their words to avoid cliffs and walls. Men tend to slur words and not speak as clearly as women. Probably due to having louder voices, so they don't have to enunciate as clearly. For example, a man would say: "Gonna go to Tom's house & watch the game." Whereas a woman would say: "I'm going to visit Mary. We're going to do each other's hair." A good way to learn to enunciate is to read something and over e-nun-ci-ate each word. Woman adopt a Feminine dialect - As a woman shifts from role to role, she uses the same tools, but with different emphasis depending upon the situation.

- VOCABULARY and GRAMMAR: There are masculine and feminine words/phrases, Part of this derives from the brokering of power. For example, a man usually "wants" something while a woman "would like" something. "Want" means "lack" and implies "need" which further implies the right to have. This reflects the aggressive side of the power equation. I.E. Words/phrases, "I Got a pain in my gut." Who would say that, a man or a woman? A woman might say, "I have a pain in my stomach." Another thing men do is slur. They might say, "I hafta gota the store". "Hafta" is not a word! "Gota" is not a word! A woman might say, "I have to go to the store." Or even more, she might say, "I ought to."